Please speak to your Health & Wellbeing Family Liaison Officer or Head Teacher and ask for a referral if you have worries or concerns about the following:

- Money
- Rent arrears or debts
- Benefit Entitlement
- Heating Bills
- Dampness/Cold in the Home

During this Cost of Living crisis many households are struggling. A quick benefits check can help identify any support you may not know about.

Money advice is also available from qualified advisers who will offer confidential support.

ALIenergy provide advice and assistance on understanding how to use your heating system efficiently, understand your meter and tariff, help to access funds for energy debt, ongoing costs, white goods and funded insulation and heating measures.

The following agencies are here to support you and ensure you are getting everything you are entitled to:

#### 01546 605522

Argyll & Bute Council offer welfare rights and money advice services across the region.



01700 502784

info@buteadvice.org.uk

Bute Advice offers

Bute Advice Centre

welfare rights and money advice services across the whole region.

01631 565183

ALIENERGY Argyll, Lomond & the Islands Energy Agency

enquiries@alienergy.org.uk

ALIenergy offer energy support across the whole region

### Financial Health Check

Referral Service for families working with Health & Wellbeing Family Liaison Officers or Headteachers in

Argyll & Bute



## SERVICES AVAILABLE TO FAMILIES

WELFARE RIGHTS

MONEY ADVICE

DEBT ADVICE

BUDGETING ADVICE

ENERGY ADVICE

OUR SERVICE WILL HELP YOU

MAXIMISE YOUR FAMILY INCOME

WHERE POSSIBLE

IF THERE IS DEBT A RANGE OF SOLUTIONS CAN BE DISCUSSED AND A QUALIFIED MEMBER OF STAFF WILL SUPPORT YOU.

THIS SERVICE OFFERS
CONFIDENTIAL HELP AND YOU
WILL ALWAYS BE TREATED WITH
RESPECT

### Flexible Food and Fuel Fund

Families who are on a low income without access to savings could qualify for the Flexible Food and Fuel Fund. The grant ranges from £160-£1060 per household depending on the size of the family. The grant comes in two payments. The first on successfully applying and the second payment after a benefits check with Bute Advice Centre. where your income will be maximized if possible. A third payment is also available to those who meet the criteria and these applications must be made through Bute Advice Centre. An appointment can be made by calling 01700 502784. As part of the package of support a referral will be offered to ALIenergy who can offer energy advice along with a range of support services which may include fuel vouchers, free white goods and support with energy costs.

# BENEFITS YOU CAN BE ADVISED ON

- Flexible Food & Fuel Fund
- Universal Credit
- o Tax Credits
- o Carer's Allowance
- Childcare Grant for Students
- Best Start Foods
- o Pregnancy and Baby Payment
- Early Learning Payment
- School Age Payment
- o Child benefit
- Maternity Pay & Leave
- Paternity Pay & Leave
- Pregnant Employees Rights
- Maternity Allowance
- Child Disability Payment
   /Disability Living Allowance
- Scottish Welfare Fund
- Winter Heating Payment
- Child Winter Heating Payment
- Job Start Payment
- o Scottish Child Payment
- Energy Related Advice & Assistance